

CALLING ALL PARENTS!



BOYS & GIRLS CLUB
OF STAMFORD

You are invited to a presentation on
Mental Health and Stamford Youth

Wednesday, Dec 14th, 6:30-7:30 pm
Stamford Boys and Girls Club
347 Stillwater Avenue, Stamford

This presentation will cover:

- Mental Health concerns of our tweens and teens—
anxiety, depression, stress
- What are the warning signs?
- What can parents do?
- Available resources for parents
- Opportunity for questions and discussion

Dinner is provided. To Register/RSVP, email jjones@bgcastamford.org

PRESENTERS



**DAWN ROY,
LCSW
Private Practice**



**MAGGIE YOUNG,
LADC, MSW
Liberation Programs**

This presentation is sponsored by the Stamford Mental Health Youth Alliance.

